

# Perio review

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Annual report of the  
European Federation of Periodontology  
**2018-19**



## EFP goes global

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New Classification toolkit  
EuroPerio9  
Gum Health Day  
Perio Master Clinic  
Workshops and projects

# New team takes helm to lead federation forward



Anton Sculean and Filippo Graziani

Iain Chapple and Nicola West

Jörg Meyle and Monique Danser

The EFP general assembly in Bern (Switzerland) on March 30 marks a “changing of the guard”, as a new team takes over key roles on the federation’s executive committee.

Iain Chapple (UK), secretary general for the last three years, hands over the reins to Nicola West (UK), while Jörg Meyle (Germany), treasurer for six years, is succeeded by Monique Danser (Netherlands). Filippo Graziani (Italy) becomes president for the next year, following Anton Sculean (Switzerland).

Prof Chapple, professor of periodontology and head of the School of Dentistry at the University of Birmingham, was previously treasurer (2007-2013) and chair of the scientific advisory committee (2014-2016).

“The last three years have involved a step change in the EFP’s trajectory, driven by fantastic workshops and EuroPerio meetings, Perio Master Clinics, and some sensational projects with

our partners,” he said. “Our reach is now truly global and that is evidenced by our new international associate members which join this year.” He added that he was “passing the reins to someone who will excel in continuing this growth and success” and that he will “miss the EFP more than anyone realises – it’s a wonderful family of likeminded people.”

Nicola West, professor of periodontology at the University of Bristol, commented: “I am truly honoured to accept the position of secretary general and would like to thank the EFP for the confidence that it has shown in me. I relish this wonderful and exciting opportunity and I acknowledge that I follow in the footsteps of a great leader, Iain Chapple. He has inspired and energised the EFP by motivating and empowering everyone to achieve.”

Paying tribute to Jörg Meyle, Monique Danser said: “Jörg

took very good care of the EFP finances, always questioning the need for financial aid for any project presented to him with the financial balance in his mind. The EFP is financially healthy and Jörg deserves a very big compliment for this.”

Before becoming treasurer in March 2013, Prof Meyle was chair of EuroPerio4 (Berlin, 2003) and EFP president in 2007-08. Monique Danser, course director of the postgraduate programme in periodontology at ACTA in Amsterdam, has been the EFP delegate for the Dutch Society of Periodontology for the last six years. She was also a member of the EuroPerio9 organising committee.

“I feel very honoured in taking on the role as treasurer for the next three years,” she said. “My biggest challenge will clearly be keeping the EFP financially healthy. Good and close communication with all involved in the EFP therefore is very important. Another project for me will be to present and

implement a new investment strategy for the EFP.”

Filippo Graziani paid tribute to his three immediate predecessors as EFP president: Juan Blanco (2016-2017), Gernot Wimmer (2017-2018), and Anton Sculean (2018-2019).

“I feel honoured to follow the guidelines I have received from them and I have some words to describe the style of their presidencies,” said Prof Graziani. “So, for Juan Blanco, “democracy” and “transparency”, for Gernot Wimmer, “teamwork” and “enthusiasm”, and for Anton Sculean, “institutional” and “thorough”.

Looking to the composition of the new executive committee, he said: “I am excited, because Nicola and Monique will bring new ideas, new energies, and new thoughts to the EFP because they were not part of the board before. And we need to make sure that women as part of the leadership is something routine for the federation in the future.”

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## Perio review

Perio Review is published by the European Federation of Periodontology

Issue 2018/19  
Published in March 2019

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# EFP embraces the world

The EFP general assembly on March 30, held in the Swiss city of Bern, marks a watershed for the federation.

Four national societies of periodontology from Latin America, the Middle East, and Asia are set for approval as the EFP's first "international associate members" and thereby formally inaugurate the new "global" phase of the federation.

Becoming the leading global force in periodontal science and clinical practice has been

Bern. "I think that this move of including international associate members confirms that the EFP is achieving its strategic objectives and that the entire world is looking at us and wants to stay close to us."

On top of that, he added, "it allows us to open up to different countries and it enhances our public – so every time we do a project that might have some benefit for the public, it won't be limited to the European population but can reach out to the entire world."



At EuroPerio9, members of the EFP executive committee met the periodontal societies of Taiwan (above) and Mexico (top right)

part of the EFP's strategy in recent years.

And it is embodied not only in the arrival of the periodontal societies of Brazil, Lebanon, Mexico, and Taiwan as members but also in Perio Master Clinic 2019, held at the beginning of March in Hong Kong as the EFP's first event outside Europe (see page 8).

"This is definitely a very exciting new phase in the development, visibility, and global influence of the federation," said Anton Sculean, EFP president for 2018-2019. "It offers a unique opportunity to disseminate all the knowledge and information related to the prevention and treatment of periodontal and peri-implant diseases and to spread the EFP philosophy on a global scale."

"I believe it is an important landmark," said Filippo Graziani, who will succeed Prof Sculean as president at the general assembly in

## A benchmark in perio

The European Federation of Periodontology (EFP), founded in 1991, is recognised as a world-leading scientific organisation and has become a benchmark in periodontology and implant dentistry.

The EFP, whose strategic vision is expressed by the slogan "Periodontal health for a better life," is a federation of national scientific societies of periodontology. With the arrival of the Georgian Society of Periodontology as an associate member and the first four international associate members, the federation is due to expand to 35 societies at the Bern general assembly on March 30.

The EFP organises:

- EuroPerio, the world's biggest scientific meeting devoted to periodontology;
- Perio Master Clinic, a forum to promote clinical

excellence in periodontology and implant dentistry;

- Perio Workshop (the European Workshop in Periodontology), a world-leading scientific meeting on periodontal science;
- Gum Health Day, an annual awareness day, on May 12;
- The EFP-accredited postgraduate programme in periodontology, taught at 16 universities in 11 countries;
- EFP Alumni, a network of former students of the postgraduate programmes and members of faculty.

The EFP's *Journal of Clinical Periodontology (JCP)*, edited by Maurizio Tonetti, is the most authoritative scientific publication in this field with a 4.046 impact factor. Other publications

from the EFP include the research summary *JCP Digest* (available in eight languages) and *Perio Insight*, a quarterly publication on science and clinical practice.

All EFP publications and the latest news from the federation are published on its website ([www.efp.org](http://www.efp.org)). The EFP app, launched in March 2018 at the general assembly in Vienna, provides access via smartphones and tablets to news, publications, and details of EFP events.

The EFP is active on social media, publishing regular updates on: Facebook (@efp.org), Twitter (@perioeurope), Instagram (@perioeurope), and LinkedIn (europeanperiodontology), and videos on YouTube (perioworkshop).



Perio Insight and Journal of Clinical Periodontology.



# EuroPerio9: a triumphant



Michèle Reners at the opening ceremony



EuroPerio9 opening ceremony

“EuroPerio9 reached its goals and even more, and the feedback has been very positive”

Michèle Reners

EuroPerio9 in Amsterdam in June 2018 was a four-day celebration of periodontology and implant dentistry that attracted more than 10,000 professionals from 111 different countries, with a quarter coming from beyond Europe.

The scientific programme for the congress, held at RAI Amsterdam, featured 134 presentations in 42 sessions, more extensive than at any of the previous eight editions of EuroPerio.

The programme featured some new session formats that proved popular with delegates. These included Perio Talks, the “nightmare” session, live surgery, debate, the interactive session on treatment planning, and the Perio Contest.

Highlights of the congress, which ran from June 20 to June 23, included:

- The opening ceremony, with a laser show, dance performance, and flag parade in which representatives of each of the EFP’s 30 affiliated national societies took to the stage with their national flags.
- News from the World Workshop: a packed double session in which the new classification of periodontal and peri-implant diseases and conditions was presented for the first time.
- Perio Talks, the first EFP Graduate-Alumni Symposium, where eight speakers gave lively short presentations on what has inspired their professional careers.
- Joint sessions with the Japanese Society of Periodontology on biofilm and anti-infective therapy and regenerative periodontal and implant therapy.
- A debate between David Herrera (Spain) and Andrea Mombelli (Switzerland) on the use of adjunctive systemic antimicrobials in periodontal therapy given

the dramatically increasing global threat of bacterial resistance.

- The “nightmare” session, in which Caroline Fouque (France), Giulio Rasperini (Italy), and Jean-Louis Giovannoli presented some of their “most horrible treatment scenarios” in periodontal plastic surgery, regenerative surgery, and implant surgery.
- Live surgery performed by Giovanni Zucchelli (Italy) and Martina Stefanini (Italy) at the ACTA dental school and transmitted in real time and high quality to the audience at RAI Amsterdam.

Other well-received sessions included an interactive session on treatment planning, a 3D session on reconstructive surgery at teeth and implants, and the lecture *50 years in periodontology* by periodontal pioneer Niklaus Lang (Switzerland).

Visitors were also able to take advantage of the biggest ever EuroPerio exhibition, with a total of 139 companies exhibiting, including a record number of 26 sponsors, with total space amounting to 3,763m<sup>2</sup>.

“The session on live surgery was quite amazing: more than 4,500 people sitting together in total silence and concentrating on what was going on is something I had never experienced before,” said Søren Jepsen, scientific chair. “I think the session on the new classification of periodontal diseases was also a landmark event”

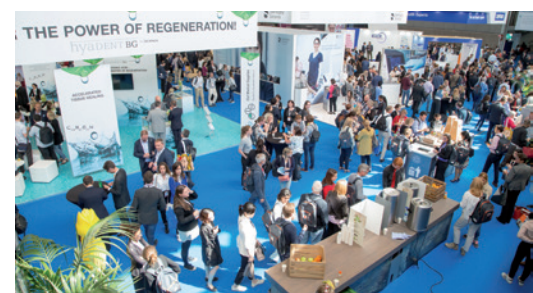
“EuroPerio9 reached its goals and even more!” said congress chair Michèle Reners. “The atmosphere was really relaxed and friendly, no stress at all, and the venue was also a part of this feeling – close to the city and full of daylight. The sessions were very realistic and the feedback from the attendees very positive – they were really satisfied”



A presentation in the main auditorium at RAI Amsterdam



One of the young speakers in Perio Talks



EuroPerio9 exhibition

# celebration of periodontology



A moment during the opening ceremony



Looking ahead to the next EuroPerio



“We have learned a lot from Amsterdam”  
Phoebus Madianos

## Next stop, Copenhagen in 2021

Attention now turns to EuroPerio10, which will take place in at the Bella Centre in Copenhagen from June 2-5, 2021. The organising committee – chaired by Phoebus Madianos (Greece), with David Herrera (Spain) as scientific chair and Nicola West (UK) as treasurer – was presented during the EuroPerio9 closing ceremony.

“EuroPerio10 is a gigantic task and even a greater challenge, given the enormous success of EuroPerio9,” said Phoebus Madianos. “We have certainly learned a lot from Amsterdam and will try to identify and improve on any possible weak spots, while our top priority is rendering the highest quality scientific programme.”

## Prizes awarded at EuroPerio9

**The EFP Research Prize in Periodontology** for 2018 was awarded to a paper about supportive periodontal therapy written by a team led by Christoph A. Ramseier (University of Bern, Switzerland). The CHF10,000 (€8,700) prize was presented to Dr Ramseier by Phoebus Madianos during the EuroPerio9 closing ceremony at the RAI Amsterdam centre on Saturday 23 June.

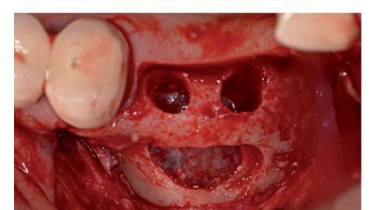
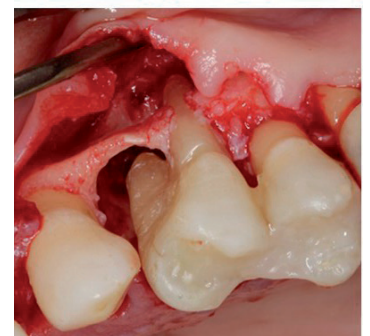
The first **EFP Undergraduate Essay Competition** gave prizes to the three best short essays from undergraduate dental students on the topic “*Why I would consider a career in periodontology.*” The winners – Emily Davison (Glasgow, UK), Michaela Eklund (Umea, Sweden), and Natasha West (Cardiff, UK) – received free registration for EuroPerio9 plus travel expenses.

The **Perio Contest 2018** prize for the best single-case report was awarded to Teresa Chanting Sun (Taiwan) for a case report on the comprehensive management of the severe periodontitis patient. This competition was organised the EFP and the EuroPerio9 organising committee in collaboration with Zerodonto, an Italian dentistry blog.

The winning photograph in the **First EFP Photo Contest** (open to all members of EFP-affiliated national societies) was *Aetiological factor* by Honorato Vidal (Portugal). The category winners were: (1) Dental disease: Davor Jurlina (Croatia), *The bones of the salvation finger, alveolar defect*; (2) Healthy gums: Nikolaus Fürhauser (Austria), *Studio shot of healthy gums of a young man with beard*; (3) Extreme/freestyle: Önder Gürlek (Turkey), *Smiling Sinus*.



Phoebus Madianos presents EFP Research Prize to Christoph A. Ramseier



Winning entries in EFP photo contest.



# GUM HEALTH DAY becomes global initiative

With activities in 41 countries, the 2018 awareness day extended to Latin America as well as Europe

The EFP launched European Gum Health Day (originally the European Day of Periodontology) in 2014 as an international awareness day on periodontal health. From a small start, it has now become a global event with periodontal societies from across the world joining in.

For that reason, from 2019 the May 12 awareness day will be known simply as Gum Health Day. This year the slogan is "Healthy gums, beautiful smile" and the aim is to raise public awareness of the importance of periodontal health to aesthetics, self-esteem, and self-confidence as well as to overall health.

The EFP has prepared a substantial "toolkit" for its affiliated members, providing written, graphic, and video material for them to use, translate, and adapt.

"The tradition of Gum Health Day is an important initiative of the EFP to promote periodontal health worldwide and our national societies are enthusiastic to contribute to its success," said Lior Shapira, co-ordinator of Gum Health Day 2019.

Under the slogan "Health begins with healthy gums," European Gum Health Day 2018 was joined by 41 national perio societies from four continents – 29 EFP-affiliated societies and 12 from Latin America. They organised a wide range of public-awareness activities, including free periodontal screenings, and generated a large amount of media coverage.



Xavier Struillou, co-ordinator of European Gum Health Day 2018, commented: "European Gum Health Day 2018 was a resounding success – and for the first time a global one, thanks to the unprecedented support received this time from Latin America as well."

Activities for European Gum Health Day 2018 in: (left) Netherlands, (centre) Russia, Portugal, (right) Azerbaijan, Croatia



# EFP launches toolkit on new classification

Materials offer clear instructions on how to use the new classification.

The EFP and its professional communications team has developed a toolkit for periodontists and other dental professionals to help them implement the new classification of periodontal and peri-implant diseases.

The initial materials from the toolkit – a series of guidance notes and slide presentations

– will be presented at the federation's general assembly in Bern on March 30.

The toolkit has been designed to translate the consensus reports from the 2017 World Workshop on the Classification of Periodontal Diseases and Conditions into clear and simple written, graphic, and video materials.

The toolkit comprises:

- Guidance notes on (1) periodontal health and gingivitis; (2) periodontitis; (3) periodontal conditions; and (4) peri-implant health, mucositis, and peri-implantitis. These have been written by the four EFP co-chairs of the World Workshop – Mariano Sanz, Iain Chapple, Søren Jepsen, and Tord Berglundh – and Journal of Clinical Periodontology editor Maurizio Tonetti.
- Slide presentations based on lectures by these same experts.
- The consensus reports from the World Workshop.
- Infographics and videos.

A special website within the main EFP website has been created to house these materials, which will also be provided to all affiliated societies of periodontology so that they can translate them and make them available to their members.

The World Workshop, organised by the American Academy of Periodontology (AAP) and the EFP, took place in Chicago in November 2017 and the new classification was formally presented for the first time at EuroPerio9 on June 22, 2018.

"The success of the new classification system approved by the EFP and the AAP will depend on whether we are able to instruct all general practitioners, specialists and students on how to implement this classification in the daily care of their patients," said Prof Sanz, chair of the EFP workshop committee.

"With this purpose, we have developed this toolkit containing simple documents, slides, videos and infographics with very clear instructions on how to use the new classification."



The toolkit includes a series of guidance notes on the new classification



# Perio Master Clinic. High-level training for clinicians

The EFP Perio Master Clinic is the leading forum for promoting clinical excellence in periodontology and implant dentistry, bringing together clinicians who seek to improve their skills to the highest level. Numbers are limited to a maximum of 550 participants to ensure the best learning environment.

The EFP's first Perio Master Clinic outside Europe took place in Hong Kong on March 1 and 2, 2019, in partnership with the Hong Kong Society of Periodontology and Implant Dentistry (HKSPID).

Dedicated to "Peri-implantitis: Prevention and treatment of soft- and hard-tissue defects" the well-attended event featured

presentations from master clinicians from Europe and Asia. It was attended by clinicians from 41 countries, with more than a third coming from China.

"With this programme, the EFP has been proud to enhance its mission and come to Asia to partner with Asian colleagues to move forward the shared vision of bringing periodontal health to all, with a ground-breaking and exciting programme that can be summed up as: EFP excellence, the Asian way!" said Maurizio Tonetti, the editor of *Journal of Clinical Periodontology* who chaired the Hong Kong master clinic.

This event built on the legacy of the first two Perio Master Clinics in Paris (2013) and Malta (2017). Next year, back in Europe, clinicians will meet in Dublin to hear the latest on aesthetic reconstructions around teeth and implants.



Niklaus Lang gave keynote address

The Royal Dublin Society will host the event, on March 6 and 7, which will be chaired by Declan Corcoran from the Irish Society of Periodontology, with current EFP president Anton Sculean as scientific chair. Dr Corcoran was EFP president in 2001-2002.

The topic of hard- and soft-tissue aesthetic reconstructions around both teeth and implants is an important aspect of modern periodontal practice with increasing patient needs and expanding therapeutic possibilities.



Participants enjoyed a colourful opening ceremony

# Perio Workshop 2018: bone regeneration



Perio Workshop 2018, organised by the EFP in partnership with the Osteology Foundation, involved 75 experts who explored in depth the topic of bone regeneration and regenerative technologies.

This workshop reviewed the evidence on bone regeneration, from the basic understanding of bone biology and the available regenerative technologies to the efficacy of bone-regenerative

interventions, either in conjunction with implant therapy or before implant placement.

Perio Workshop 2018 was chaired by Mariano Sanz (EFP) and Christer Dahlin (Osteology Foundation), and its four working groups explored the biological factors involved in alveolar bone regeneration, biomaterials and regenerative technologies, treatment of the extraction sockets, and

regeneration of alveolar-ridge defects.

"Implant therapy is an integral part of periodontal therapy and, therefore, all interventions aimed at improving the outcomes of this mode of therapy are of great interest to periodontology and members of the EFP," said Prof Sanz.

The workshop took place at La Granja de San Ildefonso in Spain from November 11 to 14, sponsored by Geistlich Pharma.

## New guidelines

Perio Workshop 2019, which takes place at the same venue, will update up evidence-based guidelines on periodontal therapy.

To prepare for this workshop, on January 21 a group of EFP experts took part in a training session in Frankfurt, learning how to write guidelines in accordance with European Union legislation.





# Working with industry partners



Since September 2017, the EFP has launched projects with its partners.

The EFP works closely with its eight industry partners, which sponsor events and other activities carried out by the federation.

In 2017, the EFP started a new form of collaboration with them by launching a series of outreach projects, aimed at providing clear information – derived from evidence-based science – to groups including dentists, doctors, researchers, policymakers, patients, the public, and the media.

Following the launch of Oral Health & Pregnancy, in partnership with Oral-B, in September 2017, the EFP launched Perio & Caries with Colgate in January 2018 and Perio & Diabetes with Sunstar last November. All these initiatives include dedicated websites with detailed, fully referenced scientific reports along with brochures and infographics.

Work is now under way on the next project, the Gum Health Tracker, which the EFP is developing in partnership with GSK and which will provide an interactive tool to enable people to see a graphic representation of their oral health, in relation to their age, and offer advice on the prevention and treatment of gum diseases.

Future projects are being discussed with the other three partners: Geistlich Biomaterials, Johnson & Johnson, and Straumann.



Experts at work at the Perio & Cardio Workshop

The EFP then provides these materials to its member societies so that they can translate and adapt them for use in individual countries.

Eighteen member societies participated in disseminating the Oral Health & Pregnancy project while 23 have done so with Perio & Caries. The video animation produced for Perio & Diabetes has been translated into seven languages.

In February 2019, the EFP and the World Heart Federation (WHF) held the Perio & Cardio Workshop in Madrid, sponsored by DentaId. The consensus report from this event will be used as the basis of a new outreach campaign on the links between periodontal and cardiovascular diseases and how dentists and doctors can work together to combat them.

**Oral Health & Pregnancy**  
EFP

### Women's oral health during pregnancy

During pregnancy, mouth becomes key focus of physiological & hormonal change...  
...so gums naturally tend to swell & gum inflammation tends to increase

**Gums risk:**

- Pregnancy gingivitis: Gingival inflammation & bleeding, usually reversible with Professional oral care
- Pregnancy gingivitis granules: Treatable after delivery if not too serious
- Periodontitis: Pre-existing gum diseases may trigger chronic, severe conditions

**Main goal during pregnancy: avoid excessive plaque accumulation**

**Why:** Because it may cause irreversible damage to periodontium

**How:** By maximising oral hygiene

**Otherwise:** As gums surround and support the teeth, damage to gums triggers related health problems including:
 

- halitosis
- aesthetic issues
- malocclusion issues
- tooth loss
- possible risk factor for gestational diabetes
- possible risk factor for adverse pregnancy outcomes
- other possible health risks

**Make sure that gum disease does not become an issue during pregnancy**

EFP European Federation of Periodontology | Oral Health & Pregnancy | Oral-B

## EFP member societies are active on many fronts

The national societies of periodontology which make up the European Federation of Periodontology range in size from 12 members to nearly 5,000. But all are actively involved in representing periodontists and promoting gum health in their respective countries.

In addition to the activities related to European Gum Health Day 2018 (see page 6), the societies have organised congresses, workshops, and courses. Many societies are involved in national outreach campaigns based on the EFP projects Oral Health & Pregnancy, Perio & Caries, and Perio & Diabetes. Here is a selection of the activities carried out in 2018-19 by the member societies of the EFP.

The **Austrian Society of Periodontology** held the "PAss and Lifestyle" event for prophylaxis assistants, combining education and art, in Vienna in June. Its winter symposium in December focused on periodontal surgery and peri-implant therapy, led by EFP president Anton Sculean. In January, it staged the Youngsters Snow & Ice meeting in collaboration for young dental professionals.

The **Azerbaijani Society of Periodontology**, the EFP's newest member, sent 55 participants to EuroPerio9 in Amsterdam and was actively involved in events at the congress including Women in Perio, the EFP Photo Contest, and the EFP Alumni symposium. Its third international congress on periodontology and aesthetic dentistry, EstePerio2018, took place in November, attended by 300 national and 50 international dentists, students, and industry representatives from 13 countries. The society is also disseminating EFP projects and the new classification of periodontal and peri-implant diseases in the Azerbaijani language.

The highlight of the year for the **Belgian Society of Periodontology** was its autumn congress in November, devoted to periodontitis and its impact in general health, with a multidisciplinary line-up of speakers including Filippo Graziani (periodontology), Filip Vantsteelman (cardiology), Kristien Roelens (gynaecology), and Martin Buyschaert (diabetology).

The **British Society of Periodontology** devoted its annual congress in Edinburgh in October to the topic of longevity and staged a hand-on course in regenerative surgical techniques in London in January. The society has been running a national campaign – in conjunction with the Office of the Chief Dental Officer, dental schools, the General Dental Council, and the British Dental Association – to



France: SPPIO training session in Paris

promote the introduction and use of the New Classification to all UK dentists, specialists, hygienists, and undergraduate dental students. It has also provided webinars on the new classification, minimally invasive periodontal management, implant-surface debridement, dental erosion associated with dentine hypersensitivity, and the new General Data Protection Regulations.

The **Croatian Society of Periodontology** held a masterclass workshop on advanced periodontology in Zagreb in May, led by Darko Božić and Filippo Graziani, and lectures and workshops in Split and Osijek in November and December. The society has also translated and adapted materials from the Oral Health & Pregnancy project.

After its spring meeting at the ARoS museum in Aarhus, where Jan Derks (University of Gothenburg, Sweden) gave the presentation "360 degrees around implants and peri-implantitis," the **Danish Society of Periodontology** held its autumn meeting in Copenhagen where Søren Jepsen (University of Bonn, Germany) presented the New Classification. At EuroPerio9 in Amsterdam, there was a special "Dinner with the Danes" for all Danish participants in the congress.

The **Dutch Society of Periodontology** (NVvP) offered a lecture on peri-implantitis by implant pioneer Tomas Albrektsson last spring and an autumn congress about innovation in periodontology.

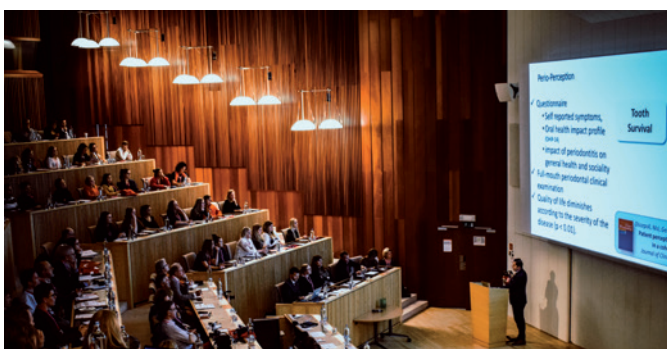
It has also been working on developing guidelines for periodontal treatment in general dental practice and participating in the EFP outreach projects.

The **Finnish Society of Periodontology** has focused on the EFP project Oral Health & Pregnancy, holding seminars on "oral health during pregnancy and early childhood" (November) and "pregnancy and periodontium" (January) and as well as providing pregnancy-related lectures to dental hygienists. The society's April seminar was devoted to the clinical use of air-polishing devices.

As well as four days of activities for European Gum Health Day 2018, the **French Society of Periodontology and Oral Implantology** (SFPIO) held 36 regional events over the last year, including the 50 Years of Periodontology conference in Toulouse in September. Three professional training programmes were held in Paris, while the SFPIO session at the ADF (French dental association) congress was full.

In Greece, the **Hellenic Society of Periodontology** staged various scientific and clinical events including a three-day seminar on the clinical application of implants (Crete, April), a two-day seminar on clinical periodontology (Alexandroupoli, November), and a one-day conference on autologous growth factors, with Marc Quirynen as the keynote speaker (Athens, December).

Since September, the **Hungarian Society of Periodontology** has



Belgium: Filippo Graziani at the autumn congress



been running a lecture series under the name Fogódzók (handrails), hour-long interactive lectures on topics including periodontal disease, orthodontic treatment, implantation, and prevention for youngsters. In September, the society joined a national event called Researchers' Night offering mini-workshops to explain the periodontal profession to the public. Supporting EFP projects, the society launched a Facebook page called Mosoly Akadémia (smile academy) as a forum on

The **Italian Society of Periodontology and Implantology** (SIdP) held a meeting in October, jointly organised with the Italian societies for conservative/restorative dentistry and prosthodontics, exploring the scientific evidence and clinical experience related to periodontal health and restorative therapy. The society also launched a new version of its [www.gengive.org](http://www.gengive.org) website, which seeks to inform the general population about the prevention



UK: Hands-on training in regenerative techniques

oral-health topics related to the Perio & Caries project, and it has translated and disseminated the Perio & Diabetes brochures.

The **Irish Society of Periodontology** had a large presence at EuroPerio9, where its members enjoyed the educational and social activities. The society and its members have been busy preparing to host the EFP Perio Master Clinic 2020 in Dublin in March next year. The society's committee is supporting the increased interaction of members with their counterparts in the British Society of Periodontology. It helped enable members to attend the BSP conference in Edinburgh in October.

The **Israeli Society of Periodontology** and Osseointegration held two big conferences, in October and December, and four regional meetings, attended by more than 1,200 participants. The society has been very active in social media, and now has more than 10,000 followers on Facebook. It also organises social activities for its members and bonding activities for postgraduate students of periodontology.

and treatment of periodontal diseases, and the behaviours and lifestyles that promote oral health.

In implementing the Perio & Caries project, the **Polish Society of Periodontology** held a panel discussion in Warsaw in January, involving specialists in periodontology, cariology, and microbiology. The meeting reviewed the current knowledge about the etiopathogenesis, risk factors, and prevention of periodontal diseases and caries. Recommendations were provided to doctors, medical staff, researchers, and patients.

In October, the **Romanian Society of Periodontology** held its XIII National Conference of Periodontology in Bucharest



Russia: Competition for young professionals



Netherlands: Tomas Albrektsson with members of NVvP board

in October, with a focus on the integration of periodontal practice into complex dental treatments, and a hands-on course about periodontal surgery. For European Gum Health Day, the society ran two courses in Bucharest and Braila, where topics included medication and clinical manifestations of periodontal disease in systemic diseases.

Over the last 12 months, the **Russian Society of Periodontology** has organised seven scientific and practical conferences across the country, with national and international lecturers in periodontology and representatives of other dental and medical disciplines. The final stage of the national clinical periodontology competition for young professionals was held in Yekaterinburg in December. As well as events for European Gum Health Day on May 12, the society also organised activities in various regions to mark World Diabetes Day on November 14.

The **Serbian Society of Periodontology** organised events to promote periodontal health within European Gum Health Day 2018, with seminars for doctors and educational activities for patients. The society also launched and promoted the new EFP projects in collaboration with leading national hospitals.

The **Spanish Society of Periodontology and Osseointegration** attracted more than 5,000 attendees to its annual congress in Seville in April, while more than 700 professionals took part in the European Symposium devoted to mucogingival surgery that the society organised jointly with its Italian counterpart SIdP in Bilbao in November. The society also strengthened its ties with sister organisations in Latin America.

The **Swedish Society of Periodontology and Implantology** has worked with the country's national diabetes association in distributing material from the Perio & Diabetes project and has also translated materials from the Oral Health & Pregnancy project. At its spring meeting on March 1 in Gothenburg, Tord Berglundh spoke about the new classification of periodontal and peri-implant diseases and Christer Dahlin about guided bone regeneration. The society also organised the annual contest for periodontal research presentations within the Swedish Dental Association's annual congress.

The **Turkish Society of Periodontology** held its 48<sup>th</sup> Scientific Congress and 27<sup>th</sup> Scientific Symposium in Antalya in October, which included video presentations on mucogingival aesthetic surgery, bone augmentation, and sinus operation. One highlight of the scientific programme was a joint lecture by Mariano Sanz and Conchita Martín. The society also organised an event for periodontal specialists in Istanbul on sinus-lifting surgery, while its annual Colgate Scientific Research Award received submissions from 22 researchers.

# A busy year ahead for the EFP



Filippo Graziani

**“It’s going to be a very exciting year,”** said new EFP president Filippo Graziani, whose year in office starts at the general assembly in Bern on March 30.

Looking at a year ahead that includes key events for students and clinicians as well as the launch of a new project, Prof Graziani first draw attention to Gum Health Day on May 12.

“Gum Health Day is going to be great,” he said. “Lior Shapira has done some tremendous work and Gum Health Day is becoming a great tradition for the EFP.”

Graziani, professor of periodontology at the University of Pisa (Italy), said that this year’s Perio Workshop in November, where experts will draw up science-based guidelines on periodontal therapy, would be “a milestone in modern periodontology” and that “the things that will come out of this will be very important.”

Looking ahead to Perio Master Clinic 2020 in Dublin, he praised the work of the event’s scientific chair Anton Sculean (EFP president, 2018-19) and said that this event, devoted to challenges in the aesthetic reconstruction of hard and soft tissues around teeth and implants, “will be fantastic.”

Other highlights of the coming year include the biennial EFP Postgraduate Symposium, held in Sweden, and the launch of Gum Health Tracker, the latest EFP project with its partners (this time, GSK).

Outlining his vision as new EFP president, Graziani said that he wanted to help the EFP position itself better to face three challenges: Communication (“communication is everything nowadays and we need to have professionals to help us”), delivering new projects (“our partners are delighted with our projects and we have so many things in the pipeline”), and the continuing process of “further strengthening our scientific role as a global reference in periodontology.”

A lot of activity, then, is scheduled for the next 12 months, leading up to the 2020 general assembly in Graziani’s home town of Pisa in March next year.







# Perio review

## EFP full-member societies

-  **Austria** Österreichische Gesellschaft für Parodontologie
-  **Belgium** Société Belge de Parodontologie / Belgische Vereniging voor Parodontologie
-  **Croatia** Hrvatsko Parodontološko Društvo
-  **Czech Republic** Česká Parodontologická Společnost
-  **Denmark** Dansk Parodontologisk Selskab
-  **Finland** Suomen Hammaslääkäri-seura Apollonia
-  **France** Société Française de Parodontologie et d’Implantologie Orale
-  **Germany** Deutsche Gesellschaft für Parodontologie
-  **Greece** Ελληνική Περιοδοντολογική Εταιρεία
-  **Hungary** Magyar Parodontológiai Társaság
-  **Ireland** Irish Society of Periodontology
-  **Israel** Israeli Society of Periodontology and Osseointegration
-  **Italy** Società Italiana di Parodontologia e Implantologia
-  **Lithuania** Lietuvos Periodontolog Draugija
-  **Netherlands** Nederlandse Vereniging voor Parodontologie
-  **Norway** Norsk periodontist forening
-  **Poland** Polskie Towarzystwo Periodontologiczne
-  **Portugal** Sociedade Portuguesa de Periodontologia e Implantes
-  **Romania** Societatea de Parodontologie din Romania
-  **Serbia** Udruzenje Parodontologa Srbije
-  **Slovenia** Združenje za ustne bolezni, parodontologijo in stomatološko implantologijo
-  **Spain** Sociedad Española de Periodoncia y Osteointegración
-  **Sweden** Svensk förening för Parodontologi och Implantologi
-  **Switzerland** Société Suisse de Parodontologie / Schweizerisch Gesellschaft für Parodontologie / Società Svizzera di Parodontologia
-  **Turkey** Türk Periodontoloji Derneği
-  **United Kingdom** British Society of Periodontology

## EFP associate-member societies

-  **Azerbaijan** Azərbaycan Parodontologiya Cəmiyyəti
-  **Morocco** Société Marocaine de Parodontologie et d’Implantologie
-  **Russia** Российской Пародонтологической Ассоциации
-  **Ukraine** Асоціація лікарів-пародонтологів України

## EFP key activities, 2019-2020

<b>EuroPerio10 committee/Executive Committee/General Assembly</b> Bern (Switzerland)	28-30 March 2019
<b>Gum Health Day</b>	12 May 2019
<b>Postgraduate Symposium</b> Aspenas Herrgard (Sweden)	6-8 September 2019
<b>EuroPerio10 committee/Executive Committee</b> Split (Croatia)	3-5 October 2019
<b>Perio Workshop 2019</b> La Granja de San Ildefonso (Spain)	10-13 November 2019
<b>Launch of Gum Health Tracker</b>	November 2019
<b>Perio Master Clinic 2020</b> Dublin (Ireland)	6-7 March 2020
<b>EuroPerio10 committee/Executive Committee/General Assembly</b> Pisa (Italy)	26-28 March 2020



Partners

